

Come Join the Fun!



ZLAC Rowing Club in Pacific Beach
offers girls ages 13 to 18
a chance to row for fun or on a competitive team.

It all begins with

ZLAC Summer Learn to Row Camps 2009

1111 Pacific Beach Drive, San Diego, CA 92109

Cost: \$275.00 for 2 week camp (Discount to enroll in both camps)

Camp I	July 13 through 24, Mon-Fri	4:00 - 6:00 pm
Camp II	August 3 through 14, Mon-Fri	4:00 - 6:00 pm

To register for camp(s), send the form below with a \$100 deposit by June 15 to:

ATTN: Coach Andrew Kong

ZLAC Juniors Rowing

1111 Pacific Beach Drive, San Diego, CA 92109

Please make checks payable to **ZLAC Rowing Club**.

Upon receipt of your deposit, details on where to meet, what to bring and wear, and medical and liability release forms will be mailed to you. The balance of \$175 is due one week prior to the beginning of camp.

Please direct questions to: Coach Andrew Kong, ajkong@gmail.com, 858-274-7826

Space is limited to 20 girls per camp - Sign up soon!

(Each camp is dependent on having at least 4 participants register)

Name: _____ Parents' Names _____

Address: _____ City _____ Zip _____

Phone: _____ E-mail: _____

Birthdate _____ School _____ T-Shirt Size: Small Medium Large

First Choice: Camp I Camp II Second Choice: Camp I Camp II

Visit ZLAC's website at www.zlac.org